

Welcome to the 2020-2021 season of the Loose Ends Curling League.

These following regulations meet all requirements set out by the NSCA Return to Play Plan which has been approved by the Government of NS. Regulations may become more or less restrictive should there be changes to restrictions from the Department of Health. The Loose Ends Curling League Board of Directors will reassess the requirements at regular intervals. We wish everyone a safe and fun filled season of curling.

Regulations for Everyone’s Safety

Self-Check	<p>The Provincial Health Self-Check must be performed before entry to the building. Do not enter the building if:</p> <ol style="list-style-type: none"> 1. You or a member of your household is unwell, feeling sick or showing symptoms of illness; 2. You or a member of you household has traveled outside of the Nova Scotia approved geographical bubble in the last 14 days; 3. You have been in contact with any person diagnosed with or suspected to have COVID-19.
Physical Distancing Requirements are in Effect	<ol style="list-style-type: none"> 1. Please maintain 6' (2m) of physical distance while in the club house area and while entering exiting the ice shed area; 2. Distancing is not required in the ice shed. 3. The Bar Area will follow the sector specific plan for the Restaurant Association of Nova Scotia.
Non-Medical Masks	<ol style="list-style-type: none"> 1. Masks are required inside of the Mayflower club house area unless you have a valid medical reason. Face shields do not replace a mask. 2. Masks are encouraged in the ice shed but may be removed during play.
General	<ol style="list-style-type: none"> 1. All curlers and spectators are required to CHECK IN at the welcome desk upon arrival 2. Directional Arrows will be used to indicated flow of foot traffic in the club house 3. Enhanced cleaning and sanitizing protocols will follow provincially required protocols and extra hand sanitizing stations are located at the entry of the building and other key locations 4. NO locker room access 5. NO Handshakes. A wave at the start/end of a game should replace traditional handshakes

Preparing for your Game

<p>Arrival/Entry/Exit</p>	<ol style="list-style-type: none"> 1. Plan to arrive at the Club 15-20 minutes ahead of your scheduled draw. 2. Curlers to arrive dressed / prepared to curl other than outerwear and footwear. 3. Stations for changing footwear and holding coats, shoes & boots will be located throughout the upper and lower level. Details to be provided as the season gets closer. 4. Stations will meet distancing requirements and will be clearly marked. Curlers are requested to stay at their station until directed otherwise. Washrooms can be used at this time. 5. Hammer to be determined in the Club House using Rock/Paper/Scissors or similar system. 6. A League official will announce that teams may “line up” to go to the ice shed approximately 5 minutes prior to the start of the game. <ol style="list-style-type: none"> a. Curlers should sanitize their hands before entering the ice shed. b. Entry to the ice shed will be through sheet 1 doors only. c. Sheet 6 teams enter the ice shed first followed by 5, 4 and 3. d. One person per team will clean their team's rock handles before warm ups begin. Sanitizing products will be supplied. 7. Exiting teams shall leave via the sheet 6 doors and proceed to their change area.
<p>Game Play</p>	<ol style="list-style-type: none"> 1. Games will be allotted 1hour and 45 minutes and must end on time. 2. Equipment used by curlers (brooms, crutches, sliders) brought to the club for each draw must be removed from the facility when the curler leaves the facility. 3. The club will provide brooms for use by curlers. Brooms are to be sanitized before and after use. Sliders and grippers will NOT be supplied by the curling club. 4. Please exit the change area as soon as possible so that other curlers can make use of your station. You may leave your gear on your seat at your station if you choose to remain at the club for socializing.

<p>Game Play Regulations</p>	<ol style="list-style-type: none">1. Curling can be conducted using the NORMAL rules of play including 2 sweepers.2. ONLY TOUCH YOUR OWN ROCKS. If you must move a rock that is not your own, please do so with your feet or broom.3. Rocks not in play to be lined up in a single row of 8 for each color.4. League Games will be allotted a maximum of 1 hour and 45 minutes of ice time. At the sound of the buzzer you will finish the end you are playing. The buzzer will ring 1 hour and 30 minutes after your scheduled start time. Teams must exit the ice shed on time to allow for preparation of the next draw.5. No extra ends.6. No use of measuring device to decide what rock is closest to the button for league games. Decision by vice skips will determine which rock is closest and if no agreement can be determined, all rocks in question will be ruled out.7. Score Boards will not be used for league play. We suggest that the mates on each team agree to the score and record it. We suggest recording the score using the "Curling Scoreboard" app on their phones.
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